

COURSE DETAIL

FOOD AND HEALTH

Country

Singapore

Host Institution

National University of Singapore

Program(s)

National University of Singapore

UCEAP Course Level

Lower Division

UCEAP Subject Area(s)

Health Sciences

UCEAP Course Number

50

UCEAP Course Suffix**UCEAP Official Title**

FOOD AND HEALTH

UCEAP Transcript Title

FOOD AND HEALTH

UCEAP Quarter Units

6.00

UCEAP Semester Units

4.00

Course Description

This course introduces the field of food science and technology. It touches very lightly on various aspects of the field including chemistry, nutrition, biochemistry, processing and regulation. The course examines the current thinking and information in regards to the importance of diet and health. It explores traditional and more modern views on what constitutes an adequate and healthy diet. The course examines the composition of food, potential contaminants of food, as well as how an individual should balance their diet in relation to specific needs.

Language(s) of Instruction

English

Host Institution Course Number

GEH1019/GEK1529

Host Institution Course Title

FOOD AND HEALTH

Host Institution Course Details**Host Institution Campus****Host Institution Faculty****Host Institution Degree****Host Institution Department**

Chemistry

Course Last Reviewed

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