

COURSE DETAIL

PSYCHOLOGY OF APPETITE

Country

United Kingdom - England

Host Institution

University of Sussex

Program(s)

University of Sussex

UCEAP Course Level

Upper Division

UCEAP Subject Area(s)

Psychology

UCEAP Course Number

167

UCEAP Course Suffix**UCEAP Official Title**

PSYCHOLOGY OF APPETITE

UCEAP Transcript Title

PSYCH OF APPETITE

UCEAP Quarter Units

6.00

UCEAP Semester Units

4.00

Course Description

This course explores issues with humankind's relationship to food from a psychobiological perspective. The course focuses on appetite control and constructs of hunger and satiety. Students discuss flavor perception and hedonics, concepts of food craving and addiction, and food choice and preference. The course examines non-nutritive effects of foods (including nutraceuticals) and links food to mood and cognition. Finally, students explore the basis of the rise of obesity and disordered eating from a psychobiological perspective.

Language(s) of Instruction

English

Host Institution Course Number

C8839

Host Institution Course Title

PSYCHOLOGY OF APPETITE

Host Institution Campus

University of Sussex

Host Institution Faculty

Host Institution Degree

Host Institution Department

Psychology

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