

COURSE DETAIL

UNDERSTANDING MENTAL HEALTH AND WELL BEING

Country

United Kingdom - England

Host Institution

University of London, Royal Holloway

Program(s)

University of London, Royal Holloway

UCEAP Course Level

Upper Division

UCEAP Subject Area(s)

Psychology

UCEAP Course Number

103

UCEAP Course Suffix

N

UCEAP Official Title

UNDERSTANDING MENTAL HEALTH AND WELL BEING

UCEAP Transcript Title

MENTAL HEALTH

UCEAP Quarter Units

6.00

UCEAP Semester Units

4.00

Course Description

This course provides an introduction to the concept of abnormal psychology. The course starts with developing an understanding and knowledge about how we define abnormality in psychology and how this has developed and changed throughout history. Different approaches to understanding abnormal psychology are covered, starting with the biomedical model of abnormality. Following this, social, and cultural approaches to abnormality are covered, followed by the philosophy of abnormality. Psychodynamic, behavioral, and cognitive approaches to abnormality are also covered in detail. There is a focus on psychological disorders as they are currently classify them in the Diagnostic and Statistical Manual of Mental Disorders (DSM). The hierarchy of evidence in clinical psychology research is also covered.

Language(s) of Instruction

English

Host Institution Course Number

PS1110

Host Institution Course Title

UNDERSTANDING MENTAL HEALTH AND WELL BEING

Host Institution Course Details

<https://www.royalholloway.ac.uk/studying-here/undergraduate/psychology/psycholo...>

Host Institution Campus

Host Institution Faculty

Host Institution Degree

Host Institution Department

Psychology

Course Last Reviewed

2024-2025

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