

COURSE DETAIL

SPORT AND EXERCISE PSYCHOLOGY

Country

Ireland

Host Institution

University College Dublin

Program(s)

University College Dublin

UCEAP Course Level

Upper Division

UCEAP Subject Area(s)

Psychology Physical Education

UCEAP Course Number

121

UCEAP Course Suffix**UCEAP Official Title**

SPORT AND EXERCISE PSYCHOLOGY

UCEAP Transcript Title

SPORT&EXERCISE PSY

UCEAP Quarter Units

4.00

UCEAP Semester Units

2.70

Course Description

This course presents an introduction to the nature, principles, research findings, and practical applications of sport and exercise psychology. Following an introduction to this field as both an academic discipline and profession, the course explores a variety of established and emerging topics in sport and exercise psychology.

Language(s) of Instruction

English

Host Institution Course Number

PSY30310

Host Institution Course Title

SPORT AND EXERCISE PSYCHOLOGY

Host Institution Campus

UC Dublin

Host Institution Faculty

Host Institution Degree

Host Institution Department

Psychology

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