COURSE DETAIL

COUNSELING AND PSYCHOTHERAPY
Country Barbados
Host Institution University of the West Indies
Program(s) University of the West Indies
UCEAP Course Level Upper Division
UCEAP Subject Area(s) Psychology
UCEAP Course Number 106
UCEAP Course Suffix
UCEAP Official Title COUNSELING AND PSYCHOTHERAPY
UCEAP Transcript Title COUNSLNG&PSYCHTHRPY
UCEAP Quarter Units 6.00
UCEAP Semester Units 4.00

Course Description
This course provides students with an introduction to the fields of counseling and psychotherapy in a complex, multicultural society, and highlights the differences and similarities between the two disciplines. The course is recommended for students planning on entering social science fields where interacting with and helping others in a therapeutic context is required. Topics covered include professional foundations of counseling (including ethics); an overview of the counseling process; key psychological theories and techniques as they are practiced in a variety of situations; the theoretical foundation of the profession; as well as the practice of basic communication, interviewing, therapeutic, and problem solving skills.

Language(s) of Instruction
English

Host Institution Course Number
PSYC 3008

Host Institution Course Title
COUNSELING AND PSYCHOTHERAPY

Host Institution Course Details

Host Institution Campus
UWI, Cave Hill

Host Institution Faculty

Host Institution Degree

Host Institution Department
Government, Sociology and Social Work

Course Last Reviewed
2024-2025

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