

COURSE DETAIL

COUNSELING AND PSYCHOTHERAPY

Country

Barbados

Host Institution

University of the West Indies

Program(s)

University of the West Indies

UCEAP Course Level

Upper Division

UCEAP Subject Area(s)

Psychology

UCEAP Course Number

106

UCEAP Course Suffix**UCEAP Official Title**

COUNSELING AND PSYCHOTHERAPY

UCEAP Transcript Title

COUNSLNG&PSYCHTHRPY

UCEAP Quarter Units

6.00

UCEAP Semester Units

4.00

Course Description

This course provides students with an introduction to the fields of counseling and psychotherapy in a complex, multicultural society, and highlights the differences and similarities between the two disciplines. The course is recommended for students planning on entering social science fields where interacting with and helping others in a therapeutic context is required. Topics covered include professional foundations of counseling (including ethics); an overview of the counseling process; key psychological theories and techniques as they are practiced in a variety of situations; the theoretical foundation of the profession; as well as the practice of basic communication, interviewing, therapeutic, and problem solving skills.

Language(s) of Instruction

English

Host Institution Course Number

PSYC 3008

Host Institution Course Title

COUNSELING AND PSYCHOTHERAPY

Host Institution Course Details

Host Institution Campus

UWI, Cave Hill

Host Institution Faculty

Host Institution Degree

Host Institution Department

Government, Sociology and Social Work

Course Last Reviewed

2024-2025

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