

COURSE DETAIL

NUTRITION AND BEHAVIOR

Country

United Kingdom - England

Host Institution

University of Bristol

Program(s)

University of Bristol

UCEAP Course Level

Upper Division

UCEAP Subject Area(s)

Psychology Health Sciences

UCEAP Course Number

128

UCEAP Course Suffix

N

UCEAP Official Title

NUTRITION AND BEHAVIOR

UCEAP Transcript Title

NUTRITION&BEHAVIOR

UCEAP Quarter Units

8.00

UCEAP Semester Units

5.30

Course Description

The course examines the inter-relationships between nutrition and behavior and their implications for health and psychological well-being. Topics covered relate to appetite and weight control (including obesity and dieting); eating disorders; food preferences; dietary influences on mood and cognitive function; caffeine psychopharmacology; and food craving and “addiction.” An underlying theme is the interplay of biological, psychological, and social processes influencing behavior. The course provides a broad understanding of major topics in nutrition and behavior, and explores contemporary issues and emerging research in this field.

Language(s) of Instruction

English

Host Institution Course Number

PSYC31052

Host Institution Course Title

NUTRITION AND BEHAVIOUR

Host Institution Campus

University of Bristol

Host Institution Faculty

Host Institution Degree

Host Institution Department

School of Psychological Science

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