

COURSE DETAIL

APPLYING PSYCHOLOGY TO EVERYDAY PROBLEMS

Country

United Kingdom - England

Host Institution

University of Sussex

Program(s)

University of Sussex

UCEAP Course Level

Lower Division

UCEAP Subject Area(s)

Psychology

UCEAP Course Number

81

UCEAP Course Suffix**UCEAP Official Title**

APPLYING PSYCHOLOGY TO EVERYDAY PROBLEMS

UCEAP Transcript Title

APPLIED PSYCHOLOGY

UCEAP Quarter Units

6.00

UCEAP Semester Units

4.00

Course Description

This course introduces students to a variety of ways where psychological knowledge is applied to everyday problems. Topics covered include understanding mental health problems and how they can be treated, how psychology can be used to influence health and well-being, the role of psychology in the workplace, and the relevance of psychology to educational practice, including understanding why 'bullying' occurs and how we can prevent it. Students learn about the research and theories that support these applications of psychology to everyday problems, and be introduced to the areas of professional applied psychology that underpin them.

Language(s) of Instruction

English

Host Institution Course Number

C8101

Host Institution Course Title

APPLYING PYSCHOLOGY TO EVERYDAY PROBLEMS

Host Institution Course Details

<https://www.sussex.ac.uk/study/modules/undergraduate/2025/103159-applying-psych...>

Host Institution Campus

Host Institution Faculty

Host Institution Degree

Host Institution Department

Psychology

Course Last Reviewed

2025-2026

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