COURSE DETAIL

INTRODUCTION TO CLINICAL HEALTH PSYCHOLOGY
Country Italy
Host Institution University of Padua
Program(s) Psychology and Cognitive Science, Padua
UCEAP Course Level Upper Division
UCEAP Subject Area(s) Psychology
UCEAP Course Number 119
UCEAP Course Suffix
UCEAP Official Title INTRODUCTION TO CLINICAL HEALTH PSYCHOLOGY
UCEAP Transcript Title INTRO CLNC HLTH PSY
UCEAP Quarter Units 5.00
UCEAP Semester Units 3.30

Course Description

During the course the main topics in Health Psychology will be considered including health definition; health-risk and protective behaviors; reducing risk of disease at individual and population levels; symptoms perception, interpretation, and response from the psychological perspective; the consultation in health psychology; stress health and illness; the impact of illness on quality of life; pain perception and response; and the improving the quality of life in illness. The course addresses topics in health promotion including health risk and protective behaviors, health and illness definition and conceptualization, promoting health-protective behaviors and reducing risk behaviors, and promoting and developing intervention programs in health psychology. The course discusses health psychology in clinical contexts such as assessing psychosomatic issues including causal, maintaining, and exacerbating factors; definition of stress, stress effects on health, and stress management; effects of the illness on patients' and caregivers' quality of life; the psychological effect of pain on patients' and caregivers' quality of life; main illness model and illness perception; and understanding interventions in psychosomatic patients and caregivers. The course requires students to have basic clinical psychology knowledge and basic epidemiological knowledge as a prerequisite.

Language(s) of Instruction
English

Host Institution Course Number
PSQ1096838

Host Institution Course Title
INTRODUCTION TO CLINICAL HEALTH PSYCHOLOGY

Host Institution Course Details
https://en.didattica.unipd.it/off/2021/LT/PS/PS2192/000ZZ/PSQ1096838/N0

Host Institution Campus

Host Institution Faculty

Psychology

Host Institution Degree
First Cycle Degree in Psychological Science

Host Institution Department

Course Last Reviewed
2023-2024

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