

COURSE DETAIL

NUTRITION AND PUBLIC HEALTH

Country

Netherlands

Host Institution

Leiden University College

Program(s)

Leiden University College

UCEAP Course Level

Upper Division

UCEAP Subject Area(s)

Health Sciences

UCEAP Course Number

105

UCEAP Course Suffix**UCEAP Official Title**

NUTRITION AND PUBLIC HEALTH

UCEAP Transcript Title

NUTRITN PUB HEALTH

UCEAP Quarter Units

4.50

UCEAP Semester Units

3.00

Course Description

Public health nutrition is a multidisciplinary area of expertise. To solve global problems in nutrition and health, physiological, and biomedical aspects as well as the social and behavioral context are important to take into consideration. This course focuses on understanding the main function and determinants of diet and its relationship with major global public health challenges (eg. infectious diseases, cancer, and cardiovascular disease). Also, the course focuses on translating evidence from epidemiological research to public health policies and health promotion programs, both at the local, national, and international level. The course addresses common study designs and methods to evaluate the role of nutrition in public health as well as intervention programs addressing nutrition (e.g., behavior, food choice) and/or its societal context (eg. food policies, legislation of food fortification, and food supply at work and schools). A background in biology or chemistry is recommended as a course prerequisite.

Language(s) of Instruction

English

Host Institution Course Number

8002GPH50

Host Institution Course Title

NUTRITION AND PUBLIC HEALTH

Host Institution Campus

Leiden University College, The Hague

Host Institution Faculty

Host Institution Degree

Host Institution Department

Global Public Health

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