## **COURSE DETAIL**

## **INTRODUCTION TO BUDDHIST TEACHINGS**

**Country** Hong Kong

Host Institution University of Hong Kong

**Program(s)** University of Hong Kong

UCEAP Course Level Lower Division

UCEAP Subject Area(s) Religious Studies

**UCEAP Course Number** 10

**UCEAP Course Suffix** 

UCEAP Official Title INTRODUCTION TO BUDDHIST TEACHINGS

**UCEAP Transcript Title** BUDDHIST TEACHINGS

**UCEAP Quarter Units** 5.00

**UCEAP Semester Units** 

3.30

## **Course Description**

This course in Buddhism introduces a major world religion, its cultural heritage, and how its teachings have not only influenced art and philosophy throughout history, but have also become a source of inspiration for contemporary researchers in the fields of psychotherapy, neuroscience, and education. This course systematically introduces the essence of Buddhist teachings. Special emphasis is placed on the core teachings of the Buddha, which include the Four Noble Truths, Dependent Origination, Prajna wisdom, and Bodhisattva ideal and their practical applications.

Language(s) of Instruction English

Host Institution Course Number BSTC1001

Host Institution Course Title INTRODUCTION TO BUDDHIST TEACHINGS

**Host Institution Campus** 

Host Institution Faculty

Host Institution Degree

**Host Institution Department** Buddhist Studies

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