COURSE DETAIL

0.30

TAEKWONDO Country Korea, South **Host Institution** Yonsei University Program(s) Yonsei University **UCEAP Course Level Lower Division UCEAP Subject Area(s) Physical Activities UCEAP Course Number** 60 **UCEAP Course Suffix UCEAP Official Title TAEKWONDO UCEAP Transcript Title TAEKWONDO UCEAP Quarter Units** 0.50 **UCEAP Semester Units**

Course Description

This course studies the Korean traditional martial art of Taekwondo. Part A covers basic stances, hand techniques, and kicks and improves concentration, self-respect, self-discipline, and self-defense. Part B focuses on higher level techniques and sparing.

Language(s) of Instruction

English

Host Institution Course Number

SLS2106

Host Institution Course Title

TAEKWONDO

Host Institution Course Details

Host Institution Campus

Host Institution Faculty

Host Institution Degree

Host Institution Department

Sports & Leisure Studies

Course Last Reviewed

Print