

# COURSE DETAIL

## FOUNDATIONS IN MENTAL HEALTH AND DISTRESS

**Country**

United Kingdom - England

**Host Institution**

University of Manchester

**Program(s)**

University of Manchester

**UCEAP Course Level**

Upper Division

**UCEAP Subject Area(s)**

Psychology

**UCEAP Course Number**

130

**UCEAP Course Suffix****UCEAP Official Title**

FOUNDATIONS IN MENTAL HEALTH AND DISTRESS

**UCEAP Transcript Title**

MENTAL HLTH&DISTRES

**UCEAP Quarter Units**

4.00

**UCEAP Semester Units**

2.70

## Course Description

This is an introductory course to the study of mental health and distress. It covers historical and contemporary perspectives on classification and treatment of mental (ill) health and examine the interplay between social, psychological, and biological factors in the genesis and maintenance of mental distress.

## Language(s) of Instruction

English

## Host Institution Course Number

PSYC11412

## Host Institution Course Title

FOUNDATIONS IN MENTAL HEALTH AND DISTRESS

## Host Institution Campus

University of Manchester

## Host Institution Faculty

## Host Institution Degree

bachelors

## Host Institution Department

Psychology and Mental Health

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