

COURSE DETAIL

HEALTH PSYCHOLOGY

Country

Canada

Host Institution

McGill University

Program(s)

McGill University

UCEAP Course Level

Upper Division

UCEAP Subject Area(s)

Psychology

UCEAP Course Number

138

UCEAP Course Suffix**UCEAP Official Title**

HEALTH PSYCHOLOGY

UCEAP Transcript Title

HEALTH PSYCHOLOGY

UCEAP Quarter Units

6.00

UCEAP Semester Units

4.00

Course Description

This course explores major issues in health psychology. Topics include: health effects of stress and stress management; pain mechanisms and management; prevention and management of chronic diseases; hypertension; coronary heart disease; cancer; immunological disorders. It also discusses behavior change strategies for smoking, weight regulation, physical inactivity, and sexual risk behavior.

Language(s) of Instruction

English

Host Institution Course Number

PSYC 328

Host Institution Course Title

HEALTH PSYCHOLOGY

Host Institution Campus

McGill University

Host Institution Faculty**Host Institution Degree****Host Institution Department**

Psychology

[Print](#)