

## COURSE DETAIL

### HEALTH PSYCHOLOGY

**Country**

Canada

**Host Institution**

McGill University

**Program(s)**

McGill University

**UCEAP Course Level**

Upper Division

**UCEAP Subject Area(s)**

Psychology

**UCEAP Course Number**

138

**UCEAP Course Suffix****UCEAP Official Title**

HEALTH PSYCHOLOGY

**UCEAP Transcript Title**

HEALTH PSYCHOLOGY

**UCEAP Quarter Units**

6.00

**UCEAP Semester Units**

4.00

**Course Description**

This course explores major issues in health psychology. Topics include: health effects of stress and stress management; pain mechanisms and management; prevention and management of chronic diseases; hypertension; coronary heart disease; cancer; immunological disorders. It also discusses behavior change strategies for smoking, weight regulation, physical inactivity, and sexual risk behavior.

**Language(s) of Instruction**

English

**Host Institution Course Number**

PSYC 328

**Host Institution Course Title**

HEALTH PSYCHOLOGY

**Host Institution Campus**

McGill University

**Host Institution Faculty****Host Institution Degree****Host Institution Department**

Psychology

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