## **COURSE DETAIL**

# EMBODIMENT, EMOTION AND THE SELF

## **Country**

Denmark

#### **Host Institution**

**Aarhus University** 

## Program(s)

**Aarhus University** 

#### **UCEAP Course Level**

**Upper Division** 

## **UCEAP Subject Area(s)**

Psychology

## **UCEAP Course Number**

104

#### **UCEAP Course Suffix**

#### **UCEAP Official Title**

EMBODIMENT, EMOTION AND THE SELF

## **UCEAP Transcript Title**

EMBODI/EMOTION&SELF

## **UCEAP Quarter Units**

8.00

#### **UCEAP Semester Units**

5.30

#### **Course Description**

The course provides students with core knowledge of current discussions about theories of how cognitive processes are shaped by more broad bodily processes, specially those of the motor system. It focuses on the influence of bottom-up processes in the formation of emotions, and the relation to theories of the self. The course encourages cross sectional discussions about the relationship between our three main overarching topics: embodiment, emotions, and the self, as well as the implications for cognition, behavior, and decision making. Students learn the relevance of these topics for psychology by examining some specific clinical disorders in both psychological and medical research. Similarly, examples for the relevance of this intersection in everyday-life as well as for areas outside psychology are highlighted.

## Language(s) of Instruction

English

#### **Host Institution Course Number**

441191U021

#### **Host Institution Course Title**

EMBODIMENT, EMOTION AND THE SELF

#### **Host Institution Course Details**

https://kursuskatalog.au.dk/en/course/110149/Embodiment-Emotion-and-the-Self

#### **Host Institution Campus**

Aarhus

#### **Host Institution Faculty**

Aarhus BSS

#### **Host Institution Degree**

Bachelor's Degree Programme in Psychology

## **Host Institution Department**

Department of Psychology and Behavioural Sciences

## **Course Last Reviewed**

2021-2022

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