

COURSE DETAIL

TRADITIONS OF YOGA

Country

Canada

Host Institution

University of British Columbia

Program(s)

University of British Columbia

UCEAP Course Level

Lower Division

UCEAP Subject Area(s)

Asian Studies

UCEAP Course Number

70

UCEAP Course Suffix**UCEAP Official Title**

TRADITIONS OF YOGA

UCEAP Transcript Title

TRADITIONS OF YOGA

UCEAP Quarter Units

6.00

UCEAP Semester Units

4.00

Course Description

This course examines the cultural, religious, and philosophical significance of yoga in premodern South Asia. It looks at both the classical foundations of yoga, as well as the modern/global perspective of yoga.

Language(s) of Instruction

English

Host Institution Course Number

ASIA 210

Host Institution Course Title

TRADITIONS OF YOGA

Host Institution Course Details

Host Institution Campus

UBC Vancouver

Host Institution Faculty

Host Institution Degree

Host Institution Department

Asian Studies

Course Last Reviewed

2021-2022

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