

# COURSE DETAIL

## FUNCTIONAL FOODS

**Country**

Korea, South

**Host Institution**

Yonsei University

**Program(s)**

Yonsei University

**UCEAP Course Level**

Upper Division

**UCEAP Subject Area(s)**

Health Sciences

**UCEAP Course Number**

130

**UCEAP Course Suffix****UCEAP Official Title**

FUNCTIONAL FOODS

**UCEAP Transcript Title**

FUNCTIONAL FOODS

**UCEAP Quarter Units**

4.50

**UCEAP Semester Units**

3.00

## Course Description

Functional foods provide health benefits beyond our basic nutritional requirements. The course examines the efficacy of functional foods in human health and their possible application in disease prevention. Students learn the basic concepts of diseases, functional foods with health-promoting effects, and the mechanism of how food can affect human health. The course also covers prebiotics and probiotics, and food compounds and safety.

## Language(s) of Instruction

English

## Host Institution Course Number

BTE4613

## Host Institution Course Title

FUNCTIONAL FOODS

## Host Institution Course Details

[http://ysweb.yonsei.ac.kr:8888/curri120601/curri\\_pop2.jsp?hakno=BTE4613&bb=01&s...](http://ysweb.yonsei.ac.kr:8888/curri120601/curri_pop2.jsp?hakno=BTE4613&bb=01&s...)

## Host Institution Campus

## Host Institution Faculty

## Host Institution Degree

## Host Institution Department

Biotechnology

## Course Last Reviewed

2021-2022

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