

COURSE DETAIL

STRESS AND TRAUMA: THE ROAD TO MENTAL ILLNESS AND BACK TO HEALTH

Country

United Kingdom - England

Host Institution

Exeter College, University of Oxford

Program(s)

Summer in Oxford

UCEAP Course Level

Lower Division

UCEAP Subject Area(s)

Psychology Health Sciences

UCEAP Course Number

85

UCEAP Course Suffix

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UCEAP Official Title

STRESS AND TRAUMA: THE ROAD TO MENTAL ILLNESS AND BACK TO HEALTH

UCEAP Transcript Title

STRESS&TRAUMA

UCEAP Quarter Units

6.00

UCEAP Semester Units

4.00

Course Description

In this course, students learn the foundations of neurobiology and neuropharmacology as it relates to stress, trauma, and mental illness. Topics include, for example, the impact of stress on epigenetics and the length of the telomeres causing early aging, the debate of whether genetic or environmental factors shape our mental health and contribute to mental illness, and the different approaches that mitigate the negative impact of stress on brain function.

Language(s) of Instruction

English

Host Institution Course Number**Host Institution Course Title**

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Host Institution Campus**Host Institution Faculty****Host Institution Degree****Host Institution Department**[Print](#)