COURSE DETAIL

STRESS AND TRAUMA: THE ROAD TO MENTAL ILLNESS AND BACK TO HEALTH

Country
United Kingdom - England

Host Institution
Exeter College, University of Oxford

Program(s)
Summer in Oxford

UCEAP Course Level
Lower Division

UCEAP Subject Area(s)
Psychology Health Sciences

UCEAP Course Number
85

UCEAP Course Suffix
S

UCEAP Official Title
STRESS AND TRAUMA: THE ROAD TO MENTAL ILLNESS AND BACK TO HEALTH

UCEAP Transcript Title
STRESS&TRAUMA

UCEAP Quarter Units
6.00

UCEAP Semester Units
4.00

Course Description

In this course, students learn the foundations of neurobiology and neuropharmacology as it relates to stress, trauma, and mental illness. Topics include, for example, the impact of stress on epigenetics and the length of the telomeres causing early aging, the debate of whether genetic or environmental factors shape our mental health and contribute to mental illness, and the different approaches that mitigate the negative impact of stress on brain function.

Language(s) of Instruction
English

Host Institution Course Number

Host Institution Course Title
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Host Institution Course Details

Host Institution Campus

Host Institution Faculty

Host Institution Degree

Host Institution Department

Course Last Reviewed

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