

COURSE DETAIL

NUTRITION AND HUMAN GROWTH

Country

Korea, South

Host Institution

Yonsei University

Program(s)

Yonsei University

UCEAP Course Level

Upper Division

UCEAP Subject Area(s)

Health Sciences

UCEAP Course Number

108

UCEAP Course Suffix**UCEAP Official Title**

NUTRITION AND HUMAN GROWTH

UCEAP Transcript Title

NUTRITION & GROWTH

UCEAP Quarter Units

4.50

UCEAP Semester Units

3.00

Course Description

This course introduces a comprehensive study in the nutritional foundations necessary for the growth, development, and normal functioning of individuals in each stage of the life span. It also covers the basic concepts of nutritional requirements throughout the life cycle. This course is targeted for the students who major in nutritional science or other health related studies. This course encourages the ultimate goal of nutrition, i.e. health promotion, by understanding important nutritional issues in each critical period throughout the life cycle. Key concepts of nutrition for each period of life cycle are discussed during the class. Textbook: Brown J.E., NUTRITION THROUGH THE LIFE CYCLE Prerequisite: Students are expected to be familiar with the basic concepts of nutrition and general education level of biology or physiology.

Language(s) of Instruction

English

Host Institution Course Number

FNS3102

Host Institution Course Title

NUTRITION & HUMAN GROWTH

Host Institution Course Details

Host Institution Campus

Host Institution Faculty

Host Institution Degree

Host Institution Department

Food and Nutrition

Course Last Reviewed

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