COURSE DETAIL

BEGINNING SWIMMING
Country Taiwan
Host Institution National Taiwan University
Program(s) National Taiwan University
UCEAP Course Level Lower Division
UCEAP Subject Area(s) Physical Activities
UCEAP Course Number 53
UCEAP Course Suffix
UCEAP Official Title BEGINNING SWIMMING
UCEAP Transcript Title BEGINNING SWIMMING
UCEAP Quarter Units 0.50
UCEAP Semester Units 0.30

Course Description

This course aims to help students understand the importance of physical exercise for health. The goal is to train students personal motor skills for fundamental and event-specific exercise, as well as appreciation for sports. This course also helps students actively participate in physical exercise regularly. Students' final grades depends on completion and execution of the freestyle and breaststroke for 50m.

Language(s) of Instruction
Chinese

Host Institution Course Number
PE2053

Host Institution Course Title
BEGINNING SWIMMING

Host Institution Course Details
http://nol.ntu.edu.tw/nol/coursesearch/print_table.php?course_id=002%2050630&cl...

Host Institution Campus

Host Institution Faculty

Host Institution Degree

Host Institution Department
Physical Education

Course Last Reviewed
2022-2023

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