

COURSE DETAIL

BEGINNING SWIMMING

Country

Taiwan

Host Institution

National Taiwan University

Program(s)

National Taiwan University

UCEAP Course Level

Lower Division

UCEAP Subject Area(s)

Physical Activities

UCEAP Course Number

53

UCEAP Course Suffix**UCEAP Official Title**

BEGINNING SWIMMING

UCEAP Transcript Title

BEGINNING SWIMMING

UCEAP Quarter Units

0.50

UCEAP Semester Units

0.30

Course Description

This course aims to help students understand the importance of physical exercise for health. The goal is to train students personal motor skills for fundamental and event-specific exercise, as well as appreciation for sports. This course also helps students actively participate in physical exercise regularly. Students' final grades depends on completion and execution of the freestyle and breaststroke for 50m.

Language(s) of Instruction

Chinese

Host Institution Course Number

PE2053

Host Institution Course Title

BEGINNING SWIMMING

Host Institution Course Details

http://nol.ntu.edu.tw/nol/coursesearch/print_table.php?course_id=002%2050630&cl...

Host Institution Campus

Host Institution Faculty

Host Institution Degree

Host Institution Department

Physical Education

Course Last Reviewed

2022-2023

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