

## COURSE DETAIL

### INTERMEDIATE SWIMMING

**Country**

Taiwan

**Host Institution**

National Taiwan University

**Program(s)**

National Taiwan University

**UCEAP Course Level**

Lower Division

**UCEAP Subject Area(s)**

Physical Activities

**UCEAP Course Number**

5

**UCEAP Course Suffix****UCEAP Official Title**

INTERMEDIATE SWIMMING

**UCEAP Transcript Title**

INTERMED SWIM

**UCEAP Quarter Units**

0.50

**UCEAP Semester Units**

0.30

## Course Description

This course is suitable for those who have completed a beginning swimming course or those who have the ability to swim 100 meters without interruption in freestyle and breaststroke. This course is suitable for correcting swimming posture and training long-distance swimming ability. The first half of the course focuses on freestyle, backstroke, breaststroke posture analysis, posture practice and long stroke, while the second half teaches the butterfly stroke, turning around, diving, and other skills.

### Language(s) of Instruction

Chinese

### Host Institution Course Number

PE2054

### Host Institution Course Title

INTERMEDIATE SWIMMING

### Host Institution Campus

### Host Institution Faculty

### Host Institution Degree

### Host Institution Department

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