

## COURSE DETAIL

### SCIENCE OF HUMAN PERFORMANCE I

**Country**

Ireland

**Host Institution**

University College Dublin

**Program(s)**

Irish Universities, University College Dublin

**UCEAP Course Level**

Upper Division

**UCEAP Subject Area(s)**

Biological Sciences

**UCEAP Course Number**

137

**UCEAP Course Suffix****UCEAP Official Title**

SCIENCE OF HUMAN PERFORMANCE I

**UCEAP Transcript Title**

HUMAN PERFORMANCE

**UCEAP Quarter Units**

4.00

**UCEAP Semester Units**

2.70

## Course Description

This course enables students to understand the fundamentals of the operation of human organ systems as they relate to human performance. Topics include an overview of body function, cell structure, and biological control systems. The structure and functioning of various physiological systems is also covered. These include the nervous, musculoskeletal, cardiovascular, respiratory, and regulatory systems. Course content is delivered in the form of lectures supplemented with e-learning activities.

## Language(s) of Instruction

English

## Host Institution Course Number

PERS10120

## Host Institution Course Title

SCIENCE OF HUMAN PERFORMANCE I

## Host Institution Course Details

## Host Institution Campus

UC Dublin

## Host Institution Faculty

## Host Institution Degree

## Host Institution Department

Performance Science

## Course Last Reviewed

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