

COURSE DETAIL

INTRODUCTION TO HEALTH BEHAVIOR SCIENCE

Country

Taiwan

Host Institution

National Taiwan University

Program(s)

National Taiwan University

UCEAP Course Level

Upper Division

UCEAP Subject Area(s)

Health Sciences

UCEAP Course Number

116

UCEAP Course Suffix**UCEAP Official Title**

INTRODUCTION TO HEALTH BEHAVIOR SCIENCE

UCEAP Transcript Title

HEALTH BEHAVIOR SCI

UCEAP Quarter Units

3.00

UCEAP Semester Units

2.00

Course Description

The purpose of this course is applying social and behavioral principles and theories on the phenomenon regarding health, disease, and environment. In academia, health behavior sciences and medical social sciences are often seen as a whole. However, in the recent decades, personal health is drew more attention in the aspects of diseases contract and population health, which makes the term “behavior” favorable and brings enthusiastic discussions and debates. As far as the depth and breadth within health domain, every issue is associated with behavior. Due to the complexity, we need to explore and examine health outcomes through different angles and approaches in order to comprehend the essential and determinants of health issues to further achieve effective solutions. This course contains two sections. First, we review the elements of human behavior through social sciences or even biological sciences (e.g., sociobiology). Second, with the understanding of behavioral basis, we move on to episodes which are related to behavioral, structural, and policy fields as well as the causes and consequences in the contemporary public health to develop proper interventions. Within the structure and thread of the theoretical concepts, the course is expected to acquaint students with the history and progress of human behavior and the fundamental framework utilized to describe human behavior.

Language(s) of Instruction

Chinese

Host Institution Course Number

PH4016

Host Institution Course Title

INTRODUCTION TO HEALTH BEHAVIOR SCIENCE

Host Institution Campus

Host Institution Faculty

Host Institution Degree

Host Institution Department

Public Health

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