

COURSE DETAIL

UNDERSTANDING ADAPTIVE AND MALADAPTIVE EMOTIONS

Country

Korea, South

Host Institution

Yonsei University

Program(s)

Yonsei University

UCEAP Course Level

Upper Division

UCEAP Subject Area(s)

Psychology

UCEAP Course Number

117

UCEAP Course Suffix**UCEAP Official Title**

UNDERSTANDING ADAPTIVE AND MALADAPTIVE EMOTIONS

UCEAP Transcript Title

ADAPTIVE EMOTIONS

UCEAP Quarter Units

4.50

UCEAP Semester Units

3.00

Course Description

This course examines how emotions interact with our thoughts, temperament, and contexts; the mechanisms involved in emotion-related psychopathology; and the ways to promote emotional well-being. The course draws on key advances from an integrative psychological and neurobiological perspective.

Language(s) of Instruction

English

Host Institution Course Number

PSY3166

Host Institution Course Title

UNDERSTANDING ADAPTIVE AND MALADAPTIVE EMOTIONS

Host Institution Campus

Host Institution Faculty

Host Institution Degree

Host Institution Department

Psychology

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