

## COURSE DETAIL

### UNDERSTANDING ADAPTIVE AND MALADAPTIVE EMOTIONS

**Country**

Korea, South

**Host Institution**

Yonsei University

**Program(s)**

Yonsei University

**UCEAP Course Level**

Upper Division

**UCEAP Subject Area(s)**

Psychology

**UCEAP Course Number**

117

**UCEAP Course Suffix****UCEAP Official Title**

UNDERSTANDING ADAPTIVE AND MALADAPTIVE EMOTIONS

**UCEAP Transcript Title**

ADAPTIVE EMOTIONS

**UCEAP Quarter Units**

4.50

**UCEAP Semester Units**

3.00

## Course Description

This course examines how emotions interact with our thoughts, temperament, and contexts; the mechanisms involved in emotion-related psychopathology; and the ways to promote emotional well-being. The course draws on key advances from an integrative psychological and neurobiological perspective.

## Language(s) of Instruction

English

## Host Institution Course Number

PSY3166

## Host Institution Course Title

UNDERSTANDING ADAPTIVE AND MALADAPTIVE EMOTIONS

## Host Institution Course Details

[http://ysweb.yonsei.ac.kr:8888/curri120601/curri\\_pop2.jsp?hakno=PSY3166&bb=01&s...](http://ysweb.yonsei.ac.kr:8888/curri120601/curri_pop2.jsp?hakno=PSY3166&bb=01&s...)

## Host Institution Campus

## Host Institution Faculty

## Host Institution Degree

## Host Institution Department

Psychology

## Course Last Reviewed

2021-2022

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