COURSE DETAIL

UNDERSTANDING ADAPTIVE AND MALADAPTIVE EMOTIONS
Country Korea, South
Host Institution Yonsei University
Program(s) Yonsei University
UCEAP Course Level Upper Division
UCEAP Subject Area(s) Psychology
UCEAP Course Number 117
UCEAP Course Suffix
UCEAP Official Title UNDERSTANDING ADAPTIVE AND MALADAPTIVE EMOTIONS
UCEAP Transcript Title ADAPTIVE EMOTIONS
UCEAP Quarter Units 4.50
UCEAP Semester Units 3.00

Course Description

This course examines how emotions interact with our thoughts, temperament, and contexts; the mechanisms involved in emotion-related psychopathology; and the ways to promote emotional well-being. The course draws on key advances from an integrative psychological and neurobiological perspective.

Language(s) of Instruction
English

Host Institution Course Number
PSY3166

Host Institution Course Title
UNDERSTANDING ADAPTIVE AND MALADAPTIVE EMOTIONS

Host Institution Course Details
http://ysweb.yonsei.ac.kr:8888/curri120601/curri_pop2.jsp?&hakno=PSY3166&bb=01&...

Host Institution Campus

Host Institution Faculty

Host Institution Degree

Host Institution Department
Psychology

Course Last Reviewed
2021-2022

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