

COURSE DETAIL

CHILD NUTRITION, ACTIVITY, AND HEALTH

Country

United Kingdom - England

Host Institution

University of Bristol

Program(s)

University of Bristol

UCEAP Course Level

Upper Division

UCEAP Subject Area(s)

Health Sciences

UCEAP Course Number

110

UCEAP Course Suffix**UCEAP Official Title**

CHILD NUTRITION, ACTIVITY, AND HEALTH

UCEAP Transcript Title

CHILD NUTRIT&HEALTH

UCEAP Quarter Units

8.00

UCEAP Semester Units

5.30

Course Description

This course considers research and theories in nutrition, physical activity, and behavioral psychology. This course examines selected aspects of child health relating to nutrition, activity, and behavioral aspects in the lives of children. Sessions examine the development of unhealthy eating behaviors in children and describe biological, behavioral, and environmental factors of nutrition and activity with special attention to community and cultural contexts. A range of issues in selected areas of contemporary health policy are explored; including childhood obesity prevention through improved nutrition, avenues to the development of high diet quality, increasing physical activity in schools, and understanding intake and activity behaviors.

Language(s) of Instruction

English

Host Institution Course Number

SPOL30034

Host Institution Course Title

CHILD NUTRITION, ACTIVITY, AND HEALTH

Host Institution Campus

Bristol

Host Institution Faculty

Faculty of Social Sciences and Law

Host Institution Degree

Bachelors

Host Institution Department

Department of Policy Studies

[Print](#)