

# COURSE DETAIL

## CHILD NUTRITION, ACTIVITY, AND HEALTH

**Country**

United Kingdom - England

**Host Institution**

University of Bristol

**Program(s)**

University of Bristol

**UCEAP Course Level**

Upper Division

**UCEAP Subject Area(s)**

Health Sciences

**UCEAP Course Number**

110

**UCEAP Course Suffix****UCEAP Official Title**

CHILD NUTRITION, ACTIVITY, AND HEALTH

**UCEAP Transcript Title**

CHILD NUTRIT&HEALTH

**UCEAP Quarter Units**

8.00

**UCEAP Semester Units**

5.30

## Course Description

This course considers research and theories in nutrition, physical activity, and behavioral psychology. This course examines selected aspects of child health relating to nutrition, activity, and behavioral aspects in the lives of children. Sessions examine the development of unhealthy eating behaviors in children and describe biological, behavioral, and environmental factors of nutrition and activity with special attention to community and cultural contexts. A range of issues in selected areas of contemporary health policy are explored; including childhood obesity prevention through improved nutrition, avenues to the development of high diet quality, increasing physical activity in schools, and understanding intake and activity behaviors.

## Language(s) of Instruction

English

## Host Institution Course Number

SPOL30034

## Host Institution Course Title

CHILD NUTRITION, ACTIVITY AND HEALTH

## Host Institution Course Details

<https://www.bristol.ac.uk/unit-programme-catalogue/UnitDetails.jsa?ayrCode=22%2...>

## Host Institution Campus

Bristol

## Host Institution Faculty

Faculty of Social Sciences and Law

## Host Institution Degree

Bachelors

## Host Institution Department

Department of Policy Studies

**Course Last Reviewed**

2022-2023

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