COURSE DETAIL

CHILD NUTRITION, ACTIVITY, AND HEALTH
Country United Kingdom - England
Host Institution University of Bristol
Program(s) University of Bristol
UCEAP Course Level Upper Division
UCEAP Subject Area(s) Health Sciences
UCEAP Course Number 110
UCEAP Course Suffix
UCEAP Official Title CHILD NUTRITION, ACTIVITY, AND HEALTH
UCEAP Transcript Title CHILD NUTRIT&HEALTH
UCEAP Quarter Units 8.00
UCEAP Semester Units 5.30

Course Description

This course considers research and theories in nutrition, physical activity, and behavioral psychology. This course examines selected aspects of child health relating to nutrition, activity, and behavioral aspects in the lives of children. Sessions examine the development of unhealthy eating behaviors in children and describe biological, behavioral, and environmental factors of nutrition and activity with special attention to community and cultural contexts. A range of issues in selected areas of contemporary health policy are explored; including childhood obesity prevention through improved nutrition, avenues to the development of high diet quality, increasing physical activity in schools, and understanding intake and activity behaviors.

Language(s) of Instruction
English

Host Institution Course Number
SPOL30034

Host Institution Course Title
CHILD NUTRITION, ACTIVITY AND HEALTH

Host Institution Course Details
https://www.bristol.ac.uk/unit-programme-catalogue/UnitDetails.jsa?ayrCode=22%2...

Host Institution Campus
Bristol

Host Institution Faculty
Faculty of Social Sciences and Law

Host Institution Degree
Bachelors

Host Institution Department
Department of Policy Studies

Course Last Reviewed
2022-2023

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