COURSE DETAIL

3.00

SELF-AWARENESS AND GROWTH Country China **Host Institution Fudan University** Program(s) **Fudan University UCEAP Course Level Lower Division UCEAP Subject Area(s)** Sociology **UCEAP Course Number** 22 **UCEAP Course Suffix UCEAP Official Title** SELF-AWARENESS AND GROWTH **UCEAP Transcript Title SELF-AWARE & GROWTH UCEAP Quarter Units** 4.50 **UCEAP Semester Units**

Course Description

This course enhances knowledge and understanding of new undergraduate students majoring in social work through the teaching of individual and professional growth, participatory discussions, and self-growth group module design, thereby promoting better university adaptation and self-identification. This course will cover the three aspects of "Looking outward, how are you shaped?", "Looking inward, knowing the complete self" and "Using the self in professional practice", and strive to be led by peer groups. The self-recognition growth group supervised and taught by professional teachers travels along the way to accompany the students on the journey of self-understanding, rediscovery, and growth.

Language(s) of Instruction

Chinese

Host Institution Course Number

SOCI130202

Host Institution Course Title

SELF-AWARENESS AND GROWTH

Host Institution Campus

Host Institution Faculty

Yangdi HAN

Host Institution Degree

Host Institution Department

Social Development and Public Policy

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