# COURSE DETAIL

| AIKIDO |
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| **Country**<br>Japan |
| **Host Institution**<br>International Christian University |
| **Program(s)**<br>International Christian University |
| **UCEAP Course Level**<br>Lower Division |
| **UCEAP Subject Area(s)**<br>Physical Activities |
| **UCEAP Course Number**<br>19 |
| **UCEAP Course Suffix** |
| **UCEAP Official Title**<br>AIKIDO |
| **UCEAP Transcript Title**<br>AIKIDO |
| **UCEAP Quarter Units**<br>0.50 |
| **UCEAP Semester Units**<br>0.30 |

**Course Description**
The content of the course focuses upon combat but also, crucially, on developing an understanding of the rationale for body movement as well as traditional forms of movement. Course includes learning body movements and so far a focus on posture and strengthening learners' stances.

**Language(s) of Instruction**
Japanese

**Host Institution Course Number**
HPE018

**Host Institution Course Title**
BEGINNING COMBATIVE ACTIVITIES AIKIDO

**Host Institution Course Details**

**Host Institution Campus**
International Christian University

**Host Institution Faculty**

**Host Institution Degree**

**Host Institution Department**
Health and Physical Education

**Course Last Reviewed**

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