

COURSE DETAIL

AIKIDO

Country

Japan

Host Institution

International Christian University

Program(s)

International Christian University

UCEAP Course Level

Lower Division

UCEAP Subject Area(s)

Physical Activities

UCEAP Course Number

19

UCEAP Course Suffix**UCEAP Official Title**

AIKIDO

UCEAP Transcript Title

AIKIDO

UCEAP Quarter Units

0.50

UCEAP Semester Units

0.30

Course Description

The content of the course focuses upon combat but also, crucially, on developing an understanding of the rationale for body movement as well as traditional forms of movement. Course includes learning body movements and so far a focus on posture and strengthening learners' stances.

Language(s) of Instruction

Japanese

Host Institution Course Number

HPE018

Host Institution Course Title

AIKIDO

Host Institution Campus

International Christian University

Host Institution Faculty**Host Institution Degree****Host Institution Department**

Health and Physical Education

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