COURSE DETAIL

TAEKWONDO FOR BEGINNERS
Country Taiwan
Host Institution National Taiwan University
Program(s) National Taiwan University
UCEAP Course Level Lower Division
UCEAP Subject Area(s) Physical Activities
UCEAP Course Number 38
UCEAP Course Suffix
UCEAP Official Title TAEKWONDO FOR BEGINNERS
UCEAP Transcript Title BEGIN TAEKWONDO
UCEAP Quarter Units 0.50
UCEAP Semester Units 0.30

Course Description

The purpose of this course is to enable students to have a deeper understanding of Taekwondo through explanations and practical operations, and to be familiar with the rules and have professional knowledge to watch Taekwondo competitions. And through the practice of class content, improve self-body coordination ability, muscle strength, muscle endurance and simple self-defense skills.

Language(s) of Instruction
Chinese

Host Institution Course Number
PE2138

Host Institution Course Title
TAEKWONDO FOR BEGINNERS

Host Institution Course Details
http://nol.ntu.edu.tw/nol/coursesearch/print_table.php?course_id=002%2051690&cl...

Host Institution Campus

Host Institution Faculty

Host Institution Degree

Host Institution Department
Physical Educaton

Course Last Reviewed
2022-2023

Print