

COURSE DETAIL

YOGA

Country

Korea, South

Host Institution

Korea University

Program(s)

Korea University

UCEAP Course Level

Lower Division

UCEAP Subject Area(s)

Physical Activities

UCEAP Course Number

23

UCEAP Course Suffix**UCEAP Official Title**

YOGA

UCEAP Transcript Title

YOGA

UCEAP Quarter Units

0.50

UCEAP Semester Units

0.30

Course Description

This class covers asana and hatha yoga, breathing techniques, and alignment of the body.

Language(s) of Instruction

Korean

Host Institution Course Number

PHEK123

Host Institution Course Title

YOGA

Host Institution Campus

Host Institution Faculty

Host Institution Degree

Host Institution Department

Physical Education

[Print](#)