COURSE DETAIL

YOGA
Country Korea, South
Host Institution Korea University
Program(s) Korea University
UCEAP Course Level Lower Division
UCEAP Subject Area(s) Physical Activities
UCEAP Course Number 23
UCEAP Course Suffix
UCEAP Official Title YOGA
UCEAP Transcript Title YOGA
UCEAP Quarter Units 0.50
UCEAP Semester Units 0.30

Course Description

This class covers asana and hatha yoga, breathing techniques, and alignment of the body.

Language(s) of Instruction
Korean

Host Institution Course Number
PHEK123

Host Institution Course Title
YOGA

Host Institution Course Details

Host Institution Campus

Host Institution Faculty

Host Institution Degree

Host Institution Department
Physical Education

Course Last Reviewed
2022-2023

Print