

COURSE DETAIL

BIG FAT MYTHS

Country

Australia

Host Institution

University of New South Wales

Program(s)

University of New South Wales

UCEAP Course Level

Lower Division

UCEAP Subject Area(s)

Biological Sciences

UCEAP Course Number

11

UCEAP Course Suffix**UCEAP Official Title**

BIG FAT MYTHS

UCEAP Transcript Title

BIG FAT MYTHS

UCEAP Quarter Units

6.00

UCEAP Semester Units

4.00

Course Description

This course examines weight loss by tracing every atom one eats into and out of the body while investigating the fate of fat during weight loss. There will be a focus on how humans convert food into useful energy, why energy is important, what exactly happens in the body during weight loss and weight gain, and how one can change their lifestyle in subtle ways to live a healthier life.

Language(s) of Instruction

English

Host Institution Course Number

GENS1111

Host Institution Course Title

BIG FAT MYTHS

Host Institution Course Details

<https://www.handbook.unsw.edu.au/undergraduate/courses/2023/GENS1111/?year=2023>

Host Institution Campus

Host Institution Faculty

Host Institution Degree

Host Institution Department

Course Last Reviewed

2022-2023

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