

# COURSE DETAIL

## GASTRONOMY: SUSTAINABLE EATING

**Country**

Sweden

**Host Institution**

Lund University

**Program(s)**

Lund University

**UCEAP Course Level**

Upper Division

**UCEAP Subject Area(s)**

Health Sciences Environmental Studies Anthropology

**UCEAP Course Number**

145

**UCEAP Course Suffix****UCEAP Official Title**

GASTRONOMY: SUSTAINABLE EATING

**UCEAP Transcript Title**

GASTRONOMY:SUST EAT

**UCEAP Quarter Units**

6.00

**UCEAP Semester Units**

4.00

## Course Description

The delicate art of eating has many implications for sustainability. Food production and consumption affect the climate, the natural environment, and the landscape. Food also affects the sustainability of societies and individuals. Both bodily functions and length of life are partly determined by how, what, where, and when we eat. The course gives a broad introduction to the study of food and eating concerning sustainability. The course has an interdisciplinary approach, combining cultural, nutritional, and geographical perspectives. Local field studies are combined with a global outlook, based on literature studies.

### Language(s) of Instruction

English

### Host Institution Course Number

SASH59

### Host Institution Course Title

GASTRONOMY: SUSTAINABLE EATING

### Host Institution Course Details

<https://www.kultur.lu.se/en/course/SASH59>

### Host Institution Campus

Lund

### Host Institution Faculty

Humanities and Theology

### Host Institution Degree

### Host Institution Department

### Course Last Reviewed

2023-2024

[Print](#)