COURSE DETAIL

UCEAP Quarter Units

UCEAP Semester Units

4.00

2.70

COUNSELING PSYCHOLOGY Country Ireland **Host Institution** University College Dublin Program(s) University College Dublin **UCEAP Course Level Upper Division UCEAP Subject Area(s)** Psychology **UCEAP Course Number** 123 **UCEAP Course Suffix UCEAP Official Title** COUNSELING PSYCHOLOGY **UCEAP Transcript Title COUNSELING PSYCH**

Course Description

This course gives students a broad overview of the key concepts and therapeutic processes of the major approaches in counseling psychology. Theoretical constructs of how psychological disturbance are acquired and maintained, the goals of therapy, key therapeutic techniques, and the therapeutic relationship are explored across these approaches. Lecture sessions are highly participatory and case studies and video clips showing master practitioners are used to illustrate the therapeutic process.

Language(s) of Instruction

English

Host Institution Course Number

PSY20180

Host Institution Course Title

COUNSELLING PSYCHOLOGY

Host Institution Campus

UC Dublin

Host Institution Faculty

Host Institution Degree

Host Institution Department

Psychology

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