

# COURSE DETAIL

## PSYCHOLOGY OF SPORT AND EXERCISE

**Country**

Australia

**Host Institution**

University of Queensland

**Program(s)**

University of Queensland

**UCEAP Course Level**

Upper Division

**UCEAP Subject Area(s)**

Psychology

**UCEAP Course Number**

120

**UCEAP Course Suffix****UCEAP Official Title**

PSYCHOLOGY OF SPORT AND EXERCISE

**UCEAP Transcript Title**

PSYCH: SPORT & EXER

**UCEAP Quarter Units**

6.00

**UCEAP Semester Units**

4.00

## Course Description

This course examines the impact of psychological variables on participation and performance in sport and exercise; and the influence of participation in sport and exercise on the psychological characteristics of the individual.

### Language(s) of Instruction

English

### Host Institution Course Number

PSYC2000

### Host Institution Course Title

PSYCHOLOGY OF SPORT AND EXERCISE

### Host Institution Campus

Queensland

### Host Institution Faculty

### Host Institution Degree

### Host Institution Department

Psychology

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