

## COURSE DETAIL

### PUBLIC HEALTH NUTRITION

**Country**

Singapore

**Host Institution**

National University of Singapore

**Program(s)**

National University of Singapore

**UCEAP Course Level**

Upper Division

**UCEAP Subject Area(s)**

Health Sciences

**UCEAP Course Number**

119

**UCEAP Course Suffix****UCEAP Official Title**

PUBLIC HEALTH NUTRITION

**UCEAP Transcript Title**

PUBLIC HEALTH NUTRI

**UCEAP Quarter Units**

6.00

**UCEAP Semester Units**

4.00

## Course Description

Public health nutrition is concerned with the promotion and maintenance of nutrition-related health and wellbeing of populations through the organized efforts and informed choices of society. Such approaches are required to solve many of the complex nutritional challenges, such as obesity, type-2 diabetes, micronutrient deficiencies, and hunger, which we face today. This class examines the fundamental concepts related to nutrition, frameworks used to examine public health issues, and key historical and current public health nutrition challenges and policies.

### Language(s) of Instruction

English

### Host Institution Course Number

SPH2202

### Host Institution Course Title

PUBLIC HEALTH NUTRITION

### Host Institution Campus

### Host Institution Faculty

### Host Institution Degree

### Host Institution Department

Public Health

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