COURSE DETAIL

SUICIDE GATEKEEPERS ON CAMPUS
Country Taiwan
Host Institution National Taiwan University
Program(s) National Taiwan University
UCEAP Course Level Upper Division
UCEAP Subject Area(s) Psychology
UCEAP Course Number 102
UCEAP Course Suffix
UCEAP Official Title SUICIDE GATEKEEPERS ON CAMPUS
UCEAP Transcript Title SUICIDE GATEKEEPERS
UCEAP Quarter Units 4.50
UCEAP Semester Units 3.00

Course Description

This course explainS the relationship between mental health and illness and the impact of stress on physical and mental health. The course promoteS self-reflection on physical and mental health issues among university students, learn self-care, and develop the power to care for others, ultimately achieving social care goals. The content introduces the causes and treatment of insomnia, anxiety, depression, and suicide. It reinforces the concept of stress management and mental health promotion for students. In addition, the course emphasizes personal reflection on the impact of suicide myths on oneself, understanding one's stress and health promotion needs, understanding the role and function of suicide prevention gatekeepers, and the importance of communication skills in suicide prevention. The student gatekeepers learn how to use screening tools to identify the needs of those who require mental health assistance and how to communicate and respond to high-risk groups of suicide for subsequent referral to the medical system or further treatment. Learning outcomes promoted through self-learning, peer-to-peer learning, and lecture satisfaction.

Language(s) of Instruction
English

Host Institution Course Number
MD&PH5078,NURSE5020

Host Institution Course Title
SUICIDE GATEKEEPERS ON CAMPUS

Host Institution Course Details
https://course.ntu.edu.tw/en/courses/112-2/22962

Host Institution Campus

Host Institution Faculty

Host Institution Degree

Host Institution Department
Nursing

Course Last Reviewed
2025-2026

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