

# COURSE DETAIL

## PUBLIC HEALTH NUTRITION

**Country**

Ireland

**Host Institution**

University College Dublin

**Program(s)**

University College Dublin

**UCEAP Course Level**

Upper Division

**UCEAP Subject Area(s)**

Health Sciences

**UCEAP Course Number**

106

**UCEAP Course Suffix****UCEAP Official Title**

PUBLIC HEALTH NUTRITION

**UCEAP Transcript Title**

PUBLIC HEALTH NUTRI

**UCEAP Quarter Units**

4.00

**UCEAP Semester Units**

2.70

## Course Description

This course introduces the concepts of nutritional epidemiology, the methods employed to analyze the relationship between diet and nutrition status, focusing on specific nutrient deficiencies, dietary patterns, and growing chronic disease. The role of nutrition at each stage of the lifecycle is examined while considering approaches to promote health and prevent adverse health outcomes. The effect of policy on dietary intake is also considered and its impact on over and undernutrition in both developing and developed countries. Psycho-social and cultural factors influencing dietary intake are explored throughout the course particularly in the context of developing strategies for improving nutrition at the population level.

## Language(s) of Instruction

English

## Host Institution Course Number

PHPS40740

## Host Institution Course Title

PUBLIC HEALTH NUTRITION

## Host Institution Course Details

[https://sisweb.ucd.ie/usis/w\\_sm\\_web\\_inf\\_viewer\\_banner.show\\_module?p\\_subj=PHPS&p...](https://sisweb.ucd.ie/usis/w_sm_web_inf_viewer_banner.show_module?p_subj=PHPS&p...)

## Host Institution Campus

UC Dublin

## Host Institution Faculty

## Host Institution Degree

## Host Institution Department

Public Health & Population Science

## Course Last Reviewed

2018-2019

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