

COURSE DETAIL

PUBLIC HEALTH NUTRITION

Country

Ireland

Host Institution

University College Dublin

Program(s)

University College Dublin

UCEAP Course Level

Upper Division

UCEAP Subject Area(s)

Health Sciences

UCEAP Course Number

106

UCEAP Course Suffix**UCEAP Official Title**

PUBLIC HEALTH NUTRITION

UCEAP Transcript Title

PUBLIC HEALTH NUTRI

UCEAP Quarter Units

4.00

UCEAP Semester Units

2.70

Course Description

This course introduces the concepts of nutritional epidemiology, the methods employed to analyze the relationship between diet and nutrition status, focusing on specific nutrient deficiencies, dietary patterns, and growing chronic disease. The role of nutrition at each stage of the lifecycle is examined while considering approaches to promote health and prevent adverse health outcomes. The effect of policy on dietary intake is also considered and its impact on over and undernutrition in both developing and developed countries. Psycho-social and cultural factors influencing dietary intake are explored throughout the course particularly in the context of developing strategies for improving nutrition at the population level.

Language(s) of Instruction

English

Host Institution Course Number

PHPS40740

Host Institution Course Title

PUBLIC HEALTH NUTRITION

Host Institution Campus

UC Dublin

Host Institution Faculty**Host Institution Degree****Host Institution Department**

Public Health & Population Science

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