COURSE DETAIL

PUBLIC HEALTH NUTRITION
Country Ireland
Host Institution University College Dublin
Program(s) University College Dublin
UCEAP Course Level Upper Division
UCEAP Subject Area(s) Health Sciences
UCEAP Course Number 106
UCEAP Course Suffix
UCEAP Official Title PUBLIC HEALTH NUTRITION
UCEAP Transcript Title PUBLIC HEALTH NUTRI
UCEAP Quarter Units 4.00
UCEAP Semester Units 2.70

Course Description
This course introduces the concepts of nutritional epidemiology, the methods employed to analyze the relationship between diet and nutrition status, focusing on specific nutrient deficiencies, dietary patterns, and growing chronic disease. The role of nutrition at each stage of the lifecycle is examined while considering approaches to promote health and prevent adverse health outcomes. The effect of policy on dietary intake is also considered and its impact on over and undernutrition in both developing and developed countries. Psycho-social and cultural factors influencing dietary intake are explored throughout the course particularly in the context of developing strategies for improving nutrition at the population level.

Language(s) of Instruction
English

Host Institution Course Number
PHPS40740

Host Institution Course Title
PUBLIC HEALTH NUTRITION

Host Institution Course Details
https://sisweb.ucd.ie/usis/w_sm_web_inf_viewer_banner.show_module?p_subj=PHPS&p...

Host Institution Campus
UC Dublin

Host Institution Faculty

Host Institution Degree

Host Institution Department
Public Health & Population Science

Course Last Reviewed
2018-2019

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