# **COURSE DETAIL**

## **HAPPINESS AND WELLBEING**

## **Country**

New Zealand

### **Host Institution**

University of Waikato

## Program(s)

University of Waikato

### **UCEAP Course Level**

**Upper Division** 

## **UCEAP Subject Area(s)**

Philosophy

### **UCEAP Course Number**

125

### **UCEAP Course Suffix**

#### **UCEAP Official Title**

HAPPINESS AND WELLBEING

# **UCEAP Transcript Title**

**HAPPINESS & WELLBNG** 

# **UCEAP Quarter Units**

6.00

### **UCEAP Semester Units**

4.00

## **Course Description**

This course examines the meaning and value of happiness, and the role it plays in making our lives go well for us. It covers a wide range of theories and arguments about what makes lives go well for the people living them including hedonism, desire satisfaction, eudaimonic, and objective list theories.

# Language(s) of Instruction

English

#### **Host Institution Course Number**

PHILO225

### **Host Institution Course Title**

HAPPINESS AND WELLBEING

### **Host Institution Campus**

Hamilton

# **Host Institution Faculty**

**Host Institution Degree** 

# **Host Institution Department**

Print