

# COURSE DETAIL

## HAPPINESS AND WELLBEING

**Country**

New Zealand

**Host Institution**

University of Waikato

**Program(s)**

University of Waikato

**UCEAP Course Level**

Upper Division

**UCEAP Subject Area(s)**

Philosophy

**UCEAP Course Number**

125

**UCEAP Course Suffix****UCEAP Official Title**

HAPPINESS AND WELLBEING

**UCEAP Transcript Title**

HAPPINESS & WELLBNG

**UCEAP Quarter Units**

6.00

**UCEAP Semester Units**

4.00

## Course Description

This course examines the meaning and value of happiness, and the role it plays in making our lives go well for us. It covers a wide range of theories and arguments about what makes lives go well for the people living them including hedonism, desire satisfaction, eudaimonic, and objective list theories.

### Language(s) of Instruction

English

### Host Institution Course Number

PHILO225

### Host Institution Course Title

HAPPINESS AND WELLBEING

### Host Institution Course Details

#### Host Institution Campus

Hamilton

#### Host Institution Faculty

#### Host Institution Degree

#### Host Institution Department

#### Course Last Reviewed

2022-2023

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