COURSE DETAIL

PERFORMANCE PSYCHOLOGY
Country Australia
Host Institution University of Melbourne
Program(s) University of Melbourne
UCEAP Course Level Upper Division
UCEAP Subject Area(s) Psychology Music
UCEAP Course Number 101
UCEAP Course Suffix
UCEAP Official Title PERFORMANCE PSYCHOLOGY
UCEAP Transcript Title PERFORMANCE PSYCH
UCEAP Quarter Units 6.00
UCEAP Semester Units 4.00

Course Description

This course examines the factors that facilitate optimal performance in music and the performing arts, sports, business, public speaking, teaching and educational activities. Underpinned by theoretical frameworks, research findings and using real-world examples, this course will engage students in practical strategies commonly used to achieve optimal performance.

Language(s) of Instruction
English

Host Institution Course Number
MUSI20203

Host Institution Course Title
PERFORMANCE PSYCHOLOGY

Host Institution Course Details
https://handbook.unimelb.edu.au/subjects/musi20203

Host Institution Campus
Southbank

Host Institution Faculty

Host Institution Degree

Host Institution Department
Music

Course Last Reviewed
2026-2027

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