

COURSE DETAIL

FUNDAMENTALS OF NUTRITION

Country

Barbados

Host Institution

University of the West Indies

Program(s)

University of the West Indies

UCEAP Course Level

Lower Division

UCEAP Subject Area(s)

Health Sciences

UCEAP Course Number

23

UCEAP Course Suffix**UCEAP Official Title**

FUNDAMENTALS OF NUTRITION

UCEAP Transcript Title

FUNDMNTLS NUTRITION

UCEAP Quarter Units

6.00

UCEAP Semester Units

4.00

Course Description

This introductory course offers an overview of the basic principles of human nutrition including essential nutrients, their properties, requirements, interrelatedness, and metabolism. It discusses energy balance and the role of nutrition in the prevention and management of specific diseases (obesity and diabetes).

Language(s) of Instruction

English

Host Institution Course Number

HESC 1010

Host Institution Course Title

FUNDAMENTALS OF NUTRITION

Host Institution Course Details

Host Institution Campus

UWI-Cave Hill

Host Institution Faculty

Host Institution Degree

Host Institution Department

Faculty of Medical Sciences

Course Last Reviewed

[Print](#)