

# COURSE DETAIL

## FUNDAMENTALS OF NUTRITION

**Country**

Barbados

**Host Institution**

University of the West Indies

**Program(s)**

University of the West Indies

**UCEAP Course Level**

Lower Division

**UCEAP Subject Area(s)**

Health Sciences

**UCEAP Course Number**

23

**UCEAP Course Suffix****UCEAP Official Title**

FUNDAMENTALS OF NUTRITION

**UCEAP Transcript Title**

FUNDMNTLS NUTRITION

**UCEAP Quarter Units**

6.00

**UCEAP Semester Units**

4.00

**Course Description**

This introductory course offers an overview of the basic principles of human nutrition including essential nutrients, their properties, requirements, interrelatedness, and metabolism. It discusses energy balance and the role of nutrition in the prevention and management of specific diseases (obesity and diabetes).

**Language(s) of Instruction**

English

**Host Institution Course Number**

HESC 1010

**Host Institution Course Title**

FUNDAMENTALS OF NUTRITION

**Host Institution Campus**

UWI-Cave Hill

**Host Institution Faculty****Host Institution Degree****Host Institution Department**

Faculty of Medical Sciences

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