COURSE DETAIL

A LIFE WORTH LIVING
Country Hong Kong
Host Institution University of Hong Kong
Program(s) University of Hong Kong
UCEAP Course Level Lower Division
UCEAP Subject Area(s) Religious Studies Philosophy
UCEAP Course Number 65
UCEAP Course Suffix
UCEAP Official Title A LIFE WORTH LIVING
UCEAP Transcript Title LIFE WORTH LIVING
UCEAP Quarter Units 5.00
UCEAP Semester Units 3.30

Course Description
What does it mean to live a worthy life? This is one of the most fundamental questions of human existence and this course addresses the relevant issues through an engagement with various philosophical and religious traditions, such as Buddhism, Taoism, Confucianism, Hinduism, Christianity, Islam and Secular Humanism. The course discusses how the teachings of important historical figures from these traditions have influenced the choices of people over the centuries, and how they have been contextualized and adopted in contemporary society; examines how these figures regard the place of bodily pleasures, intellectual pursuits, power, status, possessions, accomplishments, virtues, relationship with other human beings and the relationship (or not) with the transcendent in their vision of a good life; explores the resources they offer for dealing with stress, temptations, disappointments and failures, social oppression, the loss of possessions and of loved ones, and with one's own death. The course helps students connect across different disciplines and cultures, and develop the ability to examine controversial issues from multiple perspectives. Students will achieve these aims through interactive learning and high impact practices such as group debates and interviewing contemporary advocates of different worldviews concerning the question of “What makes a worthy life?”

Language(s) of Instruction
English

Host Institution Course Number
CCHU9065

Host Institution Course Title
A LIFE WORTH LIVING

Host Institution Course Details
https://commoncore.hku.hk/ccHU9065/

Host Institution Campus

Host Institution Faculty

Host Institution Degree

Host Institution Department
Common Core: Humanities

Course Last Reviewed
2024-2025

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