

## COURSE DETAIL

### HEALTH PSYCHOLOGY: PSYCHOSOCIAL ASPECTS OF HEALTH

**Country**

Denmark

**Host Institution**

University of Copenhagen

**Program(s)**

University of Copenhagen

**UCEAP Course Level**

Upper Division

**UCEAP Subject Area(s)**

Psychology

**UCEAP Course Number**

112

**UCEAP Course Suffix****UCEAP Official Title**

HEALTH PSYCHOLOGY: PSYCHOSOCIAL ASPECTS OF HEALTH

**UCEAP Transcript Title**

HEALTH PSYCHOLOGY

**UCEAP Quarter Units**

8.00

**UCEAP Semester Units**

5.30

## **Course Description**

After introducing the scope of health psychology, this course explores the biopsychosocial and lifespan perspectives to the maintenance of health and prevention of disease. The course introduces participants to the dominant theories, models, and paradigms current in the field. The influence of some of the broad domains of psychology (developmental, social, individual differences, biological) on health are explored, and how these shape and inform the practice of public health, health promotion, and approaches to addressing the social disparities in health.

## **Language(s) of Instruction**

English

## **Host Institution Course Number**

APSB05156U

## **Host Institution Course Title**

HEALTH PSYCHOLOGY: PSYCHOSOCIAL ASPECTS OF HEALTH

## **Host Institution Campus**

Social Sciences

## **Host Institution Faculty**

## **Host Institution Degree**

## **Host Institution Department**

Psychology

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