

COURSE DETAIL

HEALTH PSYCHOLOGY: PSYCHOSOCIAL ASPECTS OF HEALTH

Country

Denmark

Host Institution

University of Copenhagen

Program(s)

University of Copenhagen

UCEAP Course Level

Upper Division

UCEAP Subject Area(s)

Psychology

UCEAP Course Number

112

UCEAP Course Suffix**UCEAP Official Title**

HEALTH PSYCHOLOGY: PSYCHOSOCIAL ASPECTS OF HEALTH

UCEAP Transcript Title

HEALTH PSYCHOLOGY

UCEAP Quarter Units

8.00

UCEAP Semester Units

5.30

Course Description

After introducing the scope of health psychology, this course explores the biopsychosocial and lifespan perspectives to the maintenance of health and prevention of disease. The course introduces participants to the dominant theories, models, and paradigms current in the field. The influence of some of the broad domains of psychology (developmental, social, individual differences, biological) on health are explored, and how these shape and inform the practice of public health, health promotion, and approaches to addressing the social disparities in health.

Language(s) of Instruction

English

Host Institution Course Number

APSB05156U

Host Institution Course Title

HEALTH PSYCHOLOGY - PSYCHOSOCIAL ASPECTS OF HEALTH

Host Institution Course Details

Host Institution Campus

Social Sciences

Host Institution Faculty

Host Institution Degree

Host Institution Department

Psychology

Course Last Reviewed

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