

## COURSE DETAIL

### YOUTH AND SEXUALITY

**Country**

Netherlands

**Host Institution**

Utrecht University

**Program(s)**

Utrecht University

**UCEAP Course Level**

Upper Division

**UCEAP Subject Area(s)**

Sociology Psychology

**UCEAP Course Number**

136

**UCEAP Course Suffix****UCEAP Official Title**

YOUTH AND SEXUALITY

**UCEAP Transcript Title**

YOUTH & SEXUALITY

**UCEAP Quarter Units**

6.00

**UCEAP Semester Units**

4.00

## **Course Description**

Young people's sexual development, behavior, and upbringing have changed drastically over the past few decades. While sex used to be a topic people simply would not talk about as short as 50 years ago - especially when it came to youth - young people's sexual health had become a priority in research and public health policy today. While many concerns exist about young people's sexuality (e.g., regarding the impact of exposure to Internet porn and online dating apps), the sexual health of youth in the Netherlands is relatively good, compared to many other countries. Recent research even suggests that young people's sexual health has improved over the past decade. This raises the question to what extent societal developments relate to young people's sexual development and behavior. This course analyzes young people's sexual development and behavior. It does so by addressing different theoretical models explaining young people's sexual behavior (e.g., the evolutionary, socio-constructivist, and bio-psycho-social model); analyzing potential determinants and consequences of (un)healthy sexual behavior; and linking scientific research to (recent-) societal developments and debates, both in the Netherlands and worldwide. Lectures are provided by experts from a variety of organizations, including Utrecht University, Rutgers, the Netherlands Institute for Social Research (SCP), and the University of Amsterdam.

## **Language(s) of Instruction**

English

## **Host Institution Course Number**

201800003

## **Host Institution Course Title**

YOUTH AND SEXUALITY

## **Host Institution Campus**

Utrecht University

## **Host Institution Faculty**

Social and Behavioral Sciences

**Host Institution Degree**

**Host Institution Department**  
Interdisciplinary Social Sciences

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