COURSE DETAIL

YOUTH AND SEXUALITY
Country Netherlands
Host Institution Utrecht University
Program(s) Utrecht University
UCEAP Course Level Upper Division
UCEAP Subject Area(s) Sociology Psychology
UCEAP Course Number 136
UCEAP Course Suffix
UCEAP Official Title YOUTH AND SEXUALITY
UCEAP Transcript Title YOUTH & SEXUALITY
UCEAP Quarter Units 6.00
UCEAP Semester Units 4.00

Course Description
Young people's sexual development, behavior, and upbringing have changed drastically over the past few decades. While sex used to be a topic people simply would not talk about as short as 50 years ago – especially when it came to youth - young people's sexual health had become a priority in research and public health policy today. While many concerns exist about young people's sexuality (e.g., regarding the impact of exposure to Internet porn and online dating apps), the sexual health of youth in the Netherlands is relatively good, compared to many other countries. Recent research even suggests that young people's sexual health has improved over the past decade. This raises the question to what extent societal developments relate to young people's sexual development and behavior. This course analyzes young people's sexual development and behavior. It does so by addressing different theoretical models explaining young people's sexual behavior (e.g., the evolutionary, socio-constructivist, and bio-psycho-social model); analyzing potential determinants and consequences of (un)healthy sexual behavior; and linking scientific research to (recent-) societal developments and debates, both in the Netherlands and worldwide. Lectures are provided by experts from a variety of organizations, including Utrecht University, Rutgers, the Netherlands Institute for Social Research (SCP), and the University of Amsterdam.

Language(s) of Instruction
English

Host Institution Course Number
201800003

Host Institution Course Title
YOUTH AND SEXUALITY

Host Institution Course Details
https://osiris-student.uu.nl/onderwijscatalogus/extern/cursussen

Host Institution Campus
Utrecht University

Host Institution Faculty
Social and Behavioral Sciences

Host Institution Degree

Host Institution Department
Interdisciplinary Social Sciences

Course Last Reviewed
2024-2025

Print