

# COURSE DETAIL

## PSYCHOLOGY OF ADOLESCENCE

**Country**

Italy

**Host Institution**

University of Bologna

**Program(s)**

University of Bologna

**UCEAP Course Level**

Upper Division

**UCEAP Subject Area(s)**

Psychology

**UCEAP Course Number**

147

**UCEAP Course Suffix****UCEAP Official Title**

PSYCHOLOGY OF ADOLESCENCE

**UCEAP Transcript Title**

PSY OF ADOLESCENCE

**UCEAP Quarter Units**

6.00

**UCEAP Semester Units**

4.00

## **Course Description**

The course focuses on the main theoretical and methodological orientations in the field of Adolescence Psychology. Special attention is placed on the concepts of personal identity and social identity, developmental tasks, identity crisis, coping, emerging adulthood – and the main changes that occur in adolescence (physical, psychological, cognitive, and emotional) and their rebounds on the construction of identity. The course highlights the importance of social context (family, peers, school, social institutions, culture) in adolescent development with special attention on the concepts of ecological context and psychosocial transition. Students are expected to be able to recognize the difference between normal and non-normal processes of development and to discuss the main theories regarding deviance in adolescence and the phenomenon of substance addiction. Topics covered include: issues related to the migration process in adolescence; educational projects in the field of prevention and intervention connected to social distress; evaluation of educational projects in the field of prevention and intervention connected to social distress; principal tools for information retrieval in the area of intervention; bibliographical research; group activities; setting up individual interviews; research, reports, and auto-updating activities; self-assessment and self-monitoring activities. The course also covers the following topics: adolescence in classical and recent theories; the main changes in adolescence and the rebounds on the construction of identity; social contexts and their influence on adolescent development (family, peers, school, institutions); juvenile deviance and drug addiction; adolescence between light and shade; autonomy and dependency; bullying; online adolescence; risk taking; and possible interventions. Required readings: PSICOLOGIA DELL'ADOLESCENZA by A. Palmonari and IL BENESSERE PSICOSOCIALE IN ADOLESCENZA by P. Albiero. Assessment is based on a written exam with three essay questions. Before the end of the course a list of the possible examination questions is provided by the instructor.

## **Language(s) of Instruction**

Italian

## **Host Institution Course Number**

56128

**Host Institution Course Title**

PSYCHOLOGY OF ADOLESCENCE

**Host Institution Campus**

SCIENZE DELL'EDUCAZIONE E DELLA FORMAZIONE

**Host Institution Faculty****Host Institution Degree****Host Institution Department**

Educatore Sociale e Culturale

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