

## COURSE DETAIL

### NATURE AND PSYCHOLOGY

**Country**

Denmark

**Host Institution**

University of Copenhagen

**Program(s)**

University of Copenhagen

**UCEAP Course Level**

Upper Division

**UCEAP Subject Area(s)**

Psychology

**UCEAP Course Number**

113

**UCEAP Course Suffix****UCEAP Official Title**

NATURE AND PSYCHOLOGY

**UCEAP Transcript Title**

NATURE AND PSYCH

**UCEAP Quarter Units**

8.00

**UCEAP Semester Units**

5.30

## Course Description

This course introduces an area of research exploring how nature influences the psyche. It provides a broad and representative overview by examining empirical research and theories from natural science, humanities, and social science. Topics include evolutionary psychology and biophilia, the Connectedness to Nature Scale, nature and cognition, Arne Næss' deep ecology, Getnot Böhme's Weather phenomenology, Preben Bertelsen's life skills, Margarete Archer's agency theory, Hartmut Rosa's concept of resonance in nature and how nature fits in critical theory, and biophobia. The course involves excursions to facilitate discussion about clinical effects of nature interventions. Assessment is based on an individual or group written assignment of 12-18 pages.

### Language(s) of Instruction

English

### Host Institution Course Number

APSB11754U

### Host Institution Course Title

NATURE AND PSYCHOLOGY

### Host Institution Campus

### Host Institution Faculty

Faculty of Social Sciences

### Host Institution Degree

Bachelor

### Host Institution Department

Department of Psychology

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