

COURSE DETAIL

PHYSICAL ACTIVITY, HEALTH AND WELLBEING IN THE LIFECOURSE

Country

United Kingdom - England

Host Institution

Brunel University London

Program(s)

English Universities

UCEAP Course Level

Upper Division

UCEAP Subject Area(s)

Physical Activities Health Sciences

UCEAP Course Number

117

UCEAP Course Suffix**UCEAP Official Title**

PHYSICAL ACTIVITY, HEALTH AND WELLBEING IN THE LIFECOURSE

UCEAP Transcript Title

PHYSICAL ACTIVITY

UCEAP Quarter Units

8.00

UCEAP Semester Units

5.30

Course Description

Students examine health issues in relation to changes in the lifecourse, and assess multidisciplinary and interdisciplinary explanations of physical activity, health, and wellbeing in the lifecourse. Students learn about how health is affected throughout life and focus on different aspects such as ageing, gait analysis, and more.

Language(s) of Instruction

English

Host Institution Course Number

SP2702

Host Institution Course Title

PHYSICAL ACTIVITY, HEALTH AND WELLBEING IN THE LIFECOURSE

Host Institution Course Details**Host Institution Campus**

Brunel University

Host Institution Faculty**Host Institution Degree****Host Institution Department**

Sports Science

Course Last Reviewed

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