

# COURSE DETAIL

## CULTURES OF SLEEP

**Country**

United Kingdom - England

**Host Institution**

University of London, Queen Mary

**Program(s)**

University of London, Queen Mary

**UCEAP Course Level**

Upper Division

**UCEAP Subject Area(s)**

Dramatic Arts

**UCEAP Course Number**

130

**UCEAP Course Suffix****UCEAP Official Title**

CULTURES OF SLEEP

**UCEAP Transcript Title**

CULTURES OF SLEEP

**UCEAP Quarter Units**

6.00

**UCEAP Semester Units**

4.00

## Course Description

This course takes as its starting point the idea sleep isn't a "dead time" or an obvious biological fact, but is rich with meanings that change from culture to culture. The course takes an interdisciplinary approach to understanding these historical and contemporary cultures of sleeping. In particular it focuses on the intersection between medicine and performance in constructing our ideas about how and why we sleep. Students trace the history of slumber by focusing on the intimate and sometimes unexpected relationships between sleep medicine, literature, and theater. Alongside exploring primary and archival materials from sleeping's past, students investigate themes and issues arising from the interdisciplinary study of the history of medicine (an approach sometimes referred to as the medical humanities).

### Language(s) of Instruction

English

### Host Institution Course Number

DRA342

### Host Institution Course Title

CULTURES OF SLEEP

### Host Institution Campus

Queen Mary University of London

### Host Institution Faculty

English and Drama

### Host Institution Degree

### Host Institution Department

Drama

[Print](#)