

COURSE DETAIL

CULTURES OF SLEEP

Country

United Kingdom - England

Host Institution

University of London, Queen Mary

Program(s)

University of London, Queen Mary

UCEAP Course Level

Upper Division

UCEAP Subject Area(s)

Dramatic Arts

UCEAP Course Number

130

UCEAP Course Suffix**UCEAP Official Title**

CULTURES OF SLEEP

UCEAP Transcript Title

CULTURES OF SLEEP

UCEAP Quarter Units

6.00

UCEAP Semester Units

4.00

Course Description

This course takes as its starting point the idea sleep isn't a "dead time" or an obvious biological fact, but is rich with meanings that change from culture to culture. The course takes an interdisciplinary approach to understanding these historical and contemporary cultures of sleeping. In particular it focuses on the intersection between medicine and performance in constructing our ideas about how and why we sleep. Students trace the history of slumber by focusing on the intimate and sometimes unexpected relationships between sleep medicine, literature, and theater. Alongside exploring primary and archival materials from sleeping's past, students investigate themes and issues arising from the interdisciplinary study of the history of medicine (an approach sometimes referred to as the medical humanities).

Language(s) of Instruction

English

Host Institution Course Number

DRA342

Host Institution Course Title

CULTURES OF SLEEP

Host Institution Course Details

<https://www.qmul.ac.uk/modules/>

Host Institution Campus

Queen Mary University of London

Host Institution Faculty

English and Drama

Host Institution Degree

Host Institution Department

Drama

Course Last Reviewed

2021-2022

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