COURSE DETAIL

CULTURES OF SLEEP
Country United Kingdom - England
Host Institution University of London, Queen Mary
Program(s) University of London, Queen Mary
UCEAP Course Level Upper Division
UCEAP Subject Area(s) Dramatic Arts
UCEAP Course Number 130
UCEAP Course Suffix
UCEAP Official Title CULTURES OF SLEEP
UCEAP Transcript Title CULTURES OF SLEEP
UCEAP Quarter Units 6.00
UCEAP Semester Units 4.00

Course Description

This course takes as its starting point the idea sleep isn't a "dead time" or an obvious biological fact, but is rich with meanings that change from culture to culture. The course takes an interdisciplinary approach to understanding these historical and contemporary cultures of sleeping. In particular it focuses on the intersection between medicine and performance in constructing our ideas about how and why we sleep. Students trace the history of slumber by focusing on the intimate and sometimes unexpected relationships between sleep medicine, literature, and theater. Alongside exploring primary and archival materials from sleeping's past, students investigate themes and issues arising from the interdisciplinary study of the history of medicine (an approach sometimes referred to as the medical humanities).

Language(s) of Instruction
English

Host Institution Course Number
DRA342

Host Institution Course Title
CULTURES OF SLEEP

Host Institution Course Details
https://www.qmul.ac.uk/modules/

Host Institution Campus
Queen Mary University of London

Host Institution Faculty
English and Drama

Host Institution Degree

Host Institution Department
Drama

Course Last Reviewed
2021-2022

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