

COURSE DETAIL

MOTIVATION AND EMOTION

Country

Netherlands

Host Institution

Maastricht University - Center for European Studies

Program(s)

Psychology and Neuroscience, Maastricht

UCEAP Course Level

Upper Division

UCEAP Subject Area(s)

Psychology

UCEAP Course Number

165

UCEAP Course Suffix**UCEAP Official Title**

MOTIVATION AND EMOTION

UCEAP Transcript Title

MOTIVATION & EMOTN

UCEAP Quarter Units

6.00

UCEAP Semester Units

4.00

Course Description

This course studies emotion from different cognitive-social and biological perspectives and understands its role in guiding/motivating human behavior. The course starts with the classic theories of emotion and then continues with several relevant topics, including: cognitive and biological perspectives on causation of emotion and motivation; emotion regulation and self-determination; social-communicative functions of emotion expressions; the interaction between genes, stress, and affective-emotional behavior; the relation between sleep, emotion regulation, and affective behavior; topics related to emotion and motivational problems as seen in work stress or problems with goal setting.

Language(s) of Instruction

English

Host Institution Course Number

IPN3013

Host Institution Course Title

MOTIVATION AND EMOTION

Host Institution Campus

Maastricht University Center for European Studies

Host Institution Faculty

Faculty of Psychology and Neuroscience

Host Institution Degree

Host Institution Department

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