COURSE DETAIL

PSYCHOLOGICAL PERSPECTIVES ON HEALTH AND CARE
Country United Kingdom - Scotland
Host Institution University of Edinburgh
Program(s) Scottish Universities,University of Edinburgh
UCEAP Course Level Upper Division
UCEAP Subject Area(s) Psychology
UCEAP Course Number 128
UCEAP Course Suffix
UCEAP Official Title PSYCHOLOGICAL PERSPECTIVES ON HEALTH AND CARE
UCEAP Transcript Title PSYCH: HEALTH&CARE
UCEAP Quarter Units 8.00
UCEAP Semester Units 5.30

Course Description
This course helps students develop a critical understanding of health and mental health care from a psychological perspective. Drawing upon the research and teaching expertise of the Section of Clinical Psychology within the School of Health in Social Science, students develop a knowledge base of the key psychological concepts and theories in relation to health and mental health. Students also learn to link theories with practice and develop a critical reflection on how theories can inform evidence-based practice in health and mental health care. The course structure follows the natural life span, from childhood, adolescence, adulthood, to older adulthood. In the context of this developmental framework, psychological theories and psychotherapies related to common mental health problems including, for example, anxiety, depression, and psychosis, are also covered.

Language(s) of Instruction
English

Host Institution Course Number
SHSS10005

Host Institution Course Title
PSYCHOLOGICAL PERSPECTIVES ON HEALTH AND CARE

Host Institution Course Details

Host Institution Campus
Edinburgh

Host Institution Faculty

Host Institution Degree

Host Institution Department
Health in Social Science

Course Last Reviewed

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