

COURSE DETAIL

PSYCHOLOGICAL PERSPECTIVES ON HEALTH AND CARE

Country

United Kingdom - Scotland

Host Institution

University of Edinburgh

Program(s)

Scottish Universities, University of Edinburgh

UCEAP Course Level

Upper Division

UCEAP Subject Area(s)

Psychology

UCEAP Course Number

128

UCEAP Course Suffix**UCEAP Official Title**

PSYCHOLOGICAL PERSPECTIVES ON HEALTH AND CARE

UCEAP Transcript Title

PSYCH: HEALTH&CARE

UCEAP Quarter Units

8.00

UCEAP Semester Units

5.30

Course Description

This course helps students develop a critical understanding of health and mental health care from a psychological perspective. Drawing upon the research and teaching expertise of the Section of Clinical Psychology within the School of Health in Social Science, students develop a knowledge base of the key psychological concepts and theories in relation to health and mental health. Students also learn to link theories with practice and develop a critical reflection on how theories can inform evidence-based practice in health and mental health care. The course structure follows the natural life span, from childhood, adolescence, adulthood, to older adulthood. In the context of this developmental framework, psychological theories and psychotherapies related to common mental health problems including, for example, anxiety, depression, and psychosis, are also covered.

Language(s) of Instruction

English

Host Institution Course Number

SHSS10005

Host Institution Course Title

PSYCHOLOGICAL PERSPECTIVES ON HEALTH AND CARE

Host Institution Campus

Edinburgh

Host Institution Faculty

Host Institution Degree

Host Institution Department

Health in Social Science

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