COURSE DETAIL

UNDERSTANDING MENTAL HEALTH
Country United Kingdom - England
Host Institution University of Manchester
Program(s) English Universities,University of Manchester
UCEAP Course Level Upper Division
UCEAP Subject Area(s) Health Sciences
UCEAP Course Number 120
UCEAP Course Suffix
UCEAP Official Title UNDERSTANDING MENTAL HEALTH
UCEAP Transcript Title UNDERST MENTAL HLTH
UCEAP Quarter Units 4.00
UCEAP Semester Units 2.70

Course Description
This course explores why and how mental health and wellbeing are important to all of us. It indroduces intellectual and professional discussions around mental health and how people's experiences come to be labelled as mental illness in some cultures but not others. Students gain new perspectives on longstanding questions in the field, such as the nature vs nurture debate, causes of mental health problems, and the history and controversies relating to psychiatric labeling, diagnosis, and treatments. Students consider contrasting theoretical perspectives - specifically biological, social, and psychological models - on mental health problems and their management. This course also introduces the research, theory, and practices that have helped shape how mental health problems might be treated.

Language(s) of Instruction
English

Host Institution Course Number
UCIL20112

Host Institution Course Title
UNDERSTANDING MENTAL HEALTH

Host Institution Course Details

Host Institution Campus
University of Manchester

Host Institution Faculty

Host Institution Degree

Host Institution Department
University College for Interdisciplinary Learning

Course Last Reviewed

Print