

# COURSE DETAIL

## INTRODUCTION TO HEALTH PSYCHOLOGY

**Country**

New Zealand

**Host Institution**

Victoria University of Wellington

**Program(s)**

Victoria University of Wellington

**UCEAP Course Level**

Lower Division

**UCEAP Subject Area(s)**

Health Sciences

**UCEAP Course Number**

12

**UCEAP Course Suffix****UCEAP Official Title**

INTRODUCTION TO HEALTH PSYCHOLOGY

**UCEAP Transcript Title**

INTRO HEALTH PSYCH

**UCEAP Quarter Units**

6.00

**UCEAP Semester Units**

4.00

**Course Description**

This course introduces the study of health psychology, with a focus on the key theories, research, and approaches that have been used to understand and influence people's health, illness, and wellbeing.

**Language(s) of Instruction**

English

**Host Institution Course Number**

HLWB105

**Host Institution Course Title**

INTRODUCTION TO HEALTH PSYCHOLOGY

**Host Institution Course Details****Host Institution Campus**

New Zealand

**Host Institution Faculty****Host Institution Degree****Host Institution Department**

Health

**Course Last Reviewed**

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