

COURSE DETAIL

ANXIETY AND RELATED DISORDERS

Country

Netherlands

Host Institution

Maastricht University - Center for European Studies

Program(s)

Psychology and Neuroscience, Maastricht

UCEAP Course Level

Upper Division

UCEAP Subject Area(s)

Psychology Health Sciences

UCEAP Course Number

166

UCEAP Course Suffix**UCEAP Official Title**

ANXIETY AND RELATED DISORDERS

UCEAP Transcript Title

ANXIETY & DISORDERS

UCEAP Quarter Units

8.50

UCEAP Semester Units

5.70

Course Description

In this course, the clinical aspects of the various anxiety disorders are presented as well as knowledge of theories and models about the maintenance factors and their treatment implications. In the tasks, case histories of patients with anxiety disorders are arranged according to different focus points. The framework is built by the various anxiety disorders (specific phobia, social anxiety disorders, panic disorder, obsessive-compulsive disorder, posttraumatic stress disorder, and generalized anxiety disorder). Based on these different anxiety disorders three different theories concerning the etiology and maintenance factors of anxiety are studied 1) learning theory, 2) cognitive theory, and 3) biological models of anxiety. Treatment implications from these different theories are also studied.

Language(s) of Instruction

English

Host Institution Course Number

GGZ2024

Host Institution Course Title

ANXIETY AND RELATED DISORDERS

Host Institution Campus

Maastricht University Center for European Studies

Host Institution Faculty

Faculty of Health, Medicine and Life Sciences

Host Institution Degree

Host Institution Department

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