COURSE DETAIL

ANXIETY AND RELATED DISORDERS

Country
Netherlands

Host Institution
Maastricht University - Center for European Studies

Program(s)
Psychology and Neuroscience, Maastricht

UCEAP Course Level
Upper Division

UCEAP Subject Area(s)
Psychology Health Sciences

UCEAP Course Number
166

UCEAP Course Suffix

UCEAP Official Title
ANXIETY AND RELATED DISORDERS

UCEAP Transcript Title
ANXIETY & DISORDERS

UCEAP Quarter Units
8.50

UCEAP Semester Units
5.70

Course Description

In this course, the clinical aspects of the various anxiety disorders are presented as well as knowledge of theories and models about the maintenance factors and their treatment implications. In the tasks, case histories of patients with anxiety disorders are arranged according to different focus points. The framework is built by the various anxiety disorders (specific phobia, social anxiety disorders, panic disorder, obsessive-compulsive disorder, posttraumatic stress disorder, and generalized anxiety disorder). Based on these different anxiety disorders three different theories concerning the etiology and maintenance factors of anxiety are studied 1) learning theory, 2) cognitive theory, and 3) biological models of anxiety. Treatment implications from these different theories are also studied.

Language(s) of Instruction
English

Host Institution Course Number
GGZ2024

Host Institution Course Title
ANXIETY AND RELATED DISORDERS

Host Institution Course Details
https://www.maastrichtuniversity.nl/education/course-finder?search=GGZ2024

Host Institution Campus
Maastricht University Center for European Studies

Host Institution Faculty
Faculty of Health, Medicine and Life Sciences

Host Institution Degree

Host Institution Department

Course Last Reviewed
2022-2023

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