

# COURSE DETAIL

## ANXIETY AND RELATED DISORDERS

**Country**

Netherlands

**Host Institution**

Maastricht University - Center for European Studies

**Program(s)**

Psychology and Neuroscience, Maastricht

**UCEAP Course Level**

Upper Division

**UCEAP Subject Area(s)**

Psychology Health Sciences

**UCEAP Course Number**

166

**UCEAP Course Suffix****UCEAP Official Title**

ANXIETY AND RELATED DISORDERS

**UCEAP Transcript Title**

ANXIETY & DISORDERS

**UCEAP Quarter Units**

8.50

**UCEAP Semester Units**

5.70

## **Course Description**

In this course, the clinical aspects of the various anxiety disorders are presented as well as knowledge of theories and models about the maintenance factors and their treatment implications. In the tasks, case histories of patients with anxiety disorders are arranged according to different focus points. The framework is built by the various anxiety disorders (specific phobia, social anxiety disorders, panic disorder, obsessive-compulsive disorder, posttraumatic stress disorder, and generalized anxiety disorder). Based on these different anxiety disorders three different theories concerning the etiology and maintenance factors of anxiety are studied 1) learning theory, 2) cognitive theory, and 3) biological models of anxiety. Treatment implications from these different theories are also studied.

## **Language(s) of Instruction**

English

## **Host Institution Course Number**

GGZ2024

## **Host Institution Course Title**

ANXIETY AND RELATED DISORDERS

## **Host Institution Course Details**

<https://www.maastrichtuniversity.nl/education/course-finder?search=GGZ2024>

## **Host Institution Campus**

Maastricht University Center for European Studies

## **Host Institution Faculty**

Faculty of Health, Medicine and Life Sciences

## **Host Institution Degree**

## **Host Institution Department**

**Course Last Reviewed**

2022-2023

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